

## **Certificate of Studies in Spiritual Direction**

### **Certificate Advanced Studies in Spiritual Direction**

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SDIR 450: The Art of Spiritual Direction (6)

THEO 303: Moral Theology (3)

CONT 102: Lectio Divina (3)

SDIR 301: Catholic Morality and Human Sexuality (3)

#### **Advanced Studies in Spiritual Direction**

SACR 403: Sacrament of Penance (3)

SAC 201: Introduction to Old and Testaments, Interpretive

CONT 103: Contemplative Praxis (3)

BEN 101: Life and Way of St. Benedict (3)