

Counseling/Pastoral Counseling

St. Stephen Harding Theological College and Seminary

Courses numbered 100-499 are appropriate for CEP, Certificates, S.T.L. and Th.B. studies. Courses with combination numbers, 100-499/500+ may be used for above or graduate studies. Regardless of numbering, a course may only be applied once.

Courses with 500+ numbers are to be used for graduate studies only.

The letters after the course text indicate the publisher. See "Textbook Resource List."

Pastoral Counseling/ PC courses are Christian in tradition and are also considered the best in psychology, sociology, and other sciences.

PC 200/500: Competent Christian Counseling (3)

- Competent Christian Counseling: Pursuing and Practicing Compassionate Soul Care, by Tim Clinton & George Ohlschlager (CBC)

PC 201/501: Clinical Pastoral Counseling (3)

- Clinical Handbook of Pastoral Counseling, Volume 1: Expanded Edition, edited by Robert Wicks, Richard Parsons and Donald Capps (CBC)

PC 202/502: Psychology and Christian Counseling (3)

Three textbooks are used in this course:

- Psychology, Theology, and Spirituality in Christian Counseling, by Mark McMinn (CBC)
- Biblical Concepts for Christian Counseling: A Case for Integrating Psychology and Theology, by William Kirwan (CBC)
- The Christian's Guide to Psychological Terms, by Marshall Asher & Mary Asher (CBC)

PC 203/503: Legal Issues and Pastoral Counseling (3)

Three textbooks are used in this course:

- Legal Issues & Religious Counseling, by Ronald Bullis (CBC)
- Ethical, Legal, and Professional Issues in the Practice of Marriage and Family Therapy, Fourth Edition, by S. Allen Wilcoxon, Theodore Remley, Samuel T. Gladding (CBC)
- Christian Counseling Ethics: A Handbook for Therapists, Pastors & Counselors, by Randolph Sanders (CBC)

PC 204/504: Christian Counseling Strategies (3)

Two textbooks are used in this course:

Christian Counseling Casebook, by Gary Collins (CBC)

Christian Counseling, Revised and Updated Third Edition, by Gary Collins (CBC)

PC 205/505: Biblical Basis and Strategies for Christian Counseling (3)

Three textbooks are used in this course:

- The Biblical Basis of Christian Counseling for People Helpers, by Gary Collins (CBC)
- The Manual: The Ultimate Resource for Christians, by Dawn Sutton (CBC)
- Strategic Pastoral Counseling, Second Edition: A Short-Term Structured Model, by David Benner (CBC)

PC 206/506: Christian Coaching (3)

Two textbooks are used in this course:

- Christian Coaching: Helping Others Turn Potential Into Reality, 2nd Edition, Revised and Expanded, by Gary Collins (CBC)
- Coaching for Christian Leaders: A Practical Guide, by Chad Hall and Linda Miller (CBC)

PC 207/507: Grief Counseling (3)

Three textbooks are used in this course:

- Helping People Through Grief, by Delores Kuenning (CBC)
- The Unwanted Gift of Grief: A Ministry Approach, by Tim Van Dulvendyk (CBC)
- Grief Keeping: Learning How Long Grief Takes, by Harold Ivan Smith (CBC)

PC 300/600: Pastoral Counseling for Depression (3)

Three textbooks are used in this course:

- Happiness is a Choice: Symptoms, Causes, and Cures of Depression, by Frank Minirth and Paul Meier (CBC)
- Breaking Through Depression: A Biblical and Medical Approach to Emotional Wholeness, by Donald Hall (CBC)
- The Freedom from Depression Workbook, by Les Carter (CBC)

PC 301/601: Clinical Couple Therapy (3)

- Clinical Handbook of Couple Therapy, Fourth Edition, by Alan Gurman (CBC)

PC 302/602: Marriage Counseling, Short Term (3)

Four textbooks are used in this course:

- How to Counsel a Couple in 6 Sessions or Less, by H. Norman Wright (CBC)
- Pastor, Our Marriage is in Trouble: A Guide to Short-Term Counseling, by Charles Rassieur (CBC)
- Nine Critical Mistakes Most Couples Make: Identify the Pitfalls and Discover God's Help, by David Hawkins (CBC)
- The Marriage Checkup Questionnaire, by H. Norman Wright (CBC)

PC 303/603: Premarital Counseling (3)

Four textbooks are used in this course:

- The Premarital Counseling Handbook, by H. Norman Wright (CBC)
- Called Together, by Steve Prokopchak and Mary Prokopchak (CBC)
- 100 Answers to 100 Questions to Ask Before You Say I Do, by Amy Hagberg (CBC)
- Real Questions, Real Answers about Sex: The Complete Guide to Intimacy as God Intended, by Melissa McBurney (CBC)

PC 304/604: The Problem of Pornography (3)

Two textbooks and one CD are used in this course:

- The Seductive Lure of Internet Porn I-II (DVD), by James Dobson (CBC)
- Think Before You Look! 40 Powerful Reasons to Avoid Pornography, by Daniel Henderson (CBC)
- Conquering Pornography: Overcoming the Addiction, by Dennis Frederick (CBC)

PC 305/605: Ministering to Those Trapped in Pornography (3)

Four textbooks are used in this course:

- The Silent War: Ministering to Those Trapped in the Deception of Pornography, by Henry Rogers (CBC)
- The Secret in the Pew: Pornography in the Lives of Christian Men – Breaking the Bondage of Sexual Sin, by David Blythe (CBC)
- The Pornography Trap: Setting Pastors and Laypersons Free from Sexual Addiction, by Ralph Earle (CBC)
- Pornography: Slaying the Dragon, by David Powlison (CBC)

PC 306/606: Counseling the Wife of the Sexual Addict (3)

Three textbooks are used in this course:

- Every Heart Restored: A Wife's Guide to Healing in the Wake of a Husband's Sexual Sin, by Stephen Arterburn, Fred Stoeker, Brenda Stoeker (CBC)
- Living with Your Husband's Secret Wars, by Marsha Means (CBC)
- An Affair of the Mind, by Laurie Hall (CBC)

PC 307/607: Healing Victims of Sexual Abuse (3)

Three textbooks are used in this course:

- Helping Victims of Sexual Abuse, Updated Edition, by Lynn Heitritter, Jeanette Vought (CBC)
- The Wounded Heart: Hope for Adult Victims of Childhood Sexual Abuse, by Dan Allender (CBC)
- The Wounded Heart Workbook, by Dan Allender (CBC)

PC 308/608: Sexual Norms and Ethics (3)

Two textbooks are used in this course:

- The Conjugal Act as a Personal Act, by Donald Ascii (IP)
- Love and Responsibility, by Karol Wojtyla (Pope John Paul II) (IP)

PC 309/609: Sex and the Marriage Covenant (3)

Three textbooks are used in this course:

- Sex and the Marriage Covenant, by John Kippley (IP)
- Christian Meaning of Human Sexuality, by Paul Quay (IP)
- Covenant of Love: Pope John Paul II on Sexuality, Marriage and Family in the Modern World, by Richard Hogan and John LeVoir (IP)

PC 310/610: Pastoral Care for the Homosexual (3)

Two textbooks are used in this course:

- The Homosexual Person, by John Harvey (IP)
- The Truth about Homosexuality, by John Harvey (IP)

Counseling, Christian: The NCCA series of courses is taken exclusively from the National Christian Counselors Association (NCCA) materials and course texts. We are a Certified Academic Institute with the NCCA. Phase 1 and Phase 2 must be taken before advanced courses and can be integrated into other subject areas; see “Proposed Degree Work Sheet Example”. See NCCA in “Catalog” for more information on course selections and descriptions. These courses are founded on Temperament Theory and other solid counseling theories. Each NCCA course is 3 credit hours unless otherwise noted.

- NCCA 101 Basic Christian Counseling
- NCCA 102 Temperament Theory
- NCCA 103 Testing/Measurements
- NCCA 104 Temperament Therapy
- NCCA 105 Christian Psychology & Counseling
- NCCA 106 Lab, 10 APS (2) *credit hours*
- NCCA 201 Mastering Pastoral Counseling Utilizing Temperament
- NCCA 202 Temperament Case Studies
- NCCA 203 Codependency
- NCCA 204 Course for NCCA Ordination
- NCCA 205 Lab, 15 APS
- NCCA 301 Marriage and Family Counseling an Integrated Approach
- NCCA 302 Integrated Temperament Couple Therapy
- NCCA 303 Pre-Marriage Counseling with Temperament
- NCCA 304 The Father-Daughter Connection
- NCCA 310 Counseling Families
- NCCA 311 Counseling and Children
- NCCA 312 Counseling Youth
- NCCA 313 Counseling and the Search for Meaning
- NCCA 320 Counseling for Substance Abuse and Addiction
- NCCA 321 Counseling Adult Children of Alcoholics
- NCCA 322 Counseling for Problems of Self-Control
- NCCA 323 Counseling Those with Eating Disorders

- NCCA 331 Life's Answers through Counseling with God
- NCCA 332 Living in the Spirit – Utilizing Temperament
- NCCA 333 Counseling the Codependent: A Christian Perspective Utilizing Temperament
- NCCA 340 Counseling for Sexual Disorders
- NCCA 341 Counseling and Homosexuality
- NCCA 343 Counseling for Unplanned Pregnancy and Infertility
- NCCA 350 Counseling the Sick and Terminally Ill
- NCCA 351 Counseling for Anger
- NCCA 352 Joy In the Midst of Mourning
- NCCA 353 Counseling Families of Children with Disabilities
- NCCA 354 Cognitive Therapy Techniques
- NCCA 355 Quality, Ethics, and Legal Issues in Christian Counseling
- NCCA 356 Innovative Approaches in Counseling
- NCCA 360 Counseling for Family Violence/Abuse
- NCCA 361 Counseling in Times of Crisis
- NCCA 362 Counseling and Self Esteem
- NCCA 363 Counseling the Depressed
- NCCA 400 Group Therapy